

Temple Elementary School Breakfast Menu

September 2021



Menu Subject to Change

My Plate.gov. Internet
http://www.myplate.gov

Attention Parents and Teachers
Breakfast is the most important meal of the day and provides the necessary energy to start a day of learning and achievement. Children who eat breakfast at school:

- *Score better in standardized tests
- *Have fewer health issues
- *Behave better in class

	Monday	Tuesday	Wednesday	Thursday	Friday
2	<p>Students that qualify for free or reduced lunches also qualify for free or reduced breakfast</p>	<p>0 Supt Day</p>	<p>1 Supt Day</p>	<p>2 Supt Day</p>	<p>3 Supt Day</p>
1	<p>6 Labor day no school</p>	<p>7 Waffles ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>8 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>9 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>10 French Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>
2	<p>13 Muffin with Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>14 Cinnamon Bar ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>15 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>16 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>17 Pancakes ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>
1	<p>20 Cinii mini ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>21 Waffles ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>22 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>23 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>24 French Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>
2	<p>27 Muffin with Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>28 Cinnamon Bar ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>29 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	<p>30 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk</p>	

Welcome Back

*Offered Daily With all School Breakfasts:
Breakfast price 1.30*

Fresh or prepared fruits

Non or Low Fat White or Non Fat Chocolate Milk Available Daily

We serve the following items

Daily choose 1

- Muffin w/Toast
- Cereal w/Toast
- Cereal bar w/Toast
- Yogurt w/Giant Goldfish

100% Juice, Fresh or prepared fruit

Non or Low Fat Milk

Students may choose one item from each section

Must take at least 3

Choose one

Choose one

Choose one

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